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Aluno(a):

TEXT COMPREHENSION

Read the text and **answer the questions 1, 2 and 3.**

(UNEAL- Adaptada)

ARE YOU ALLERGIC TO MORNINGS?

Are you somebody who can't wake up in the morning? Do you need two cups of coffee before you can start a new day? Do you feel awful when you first wake up? Scientists say it's all because of our genes. How did they find this out? Researchers from the University of Surrey interviewed 500 people. They asked them questions about their lifestyle, for example what time of day they preferred to do exercise and how difficult they found it to wake up in the morning. Scientists then compared their answers to the people's DNA.

They discovered that we all have a 'clock' gene, also called a Period 3 gene. This gene can be long or short. People who have the long gene are usually people who are very good in the morning, but who get tired quite early at night. People who have the short gene are usually people who are more active at night but who have problems waking up early in the morning. How does it help us to know if we have the long or short gene? Scientists say that, if possible, we should try to change our working hours to fit our' body clock'. If you are a 'morning person then you could start work early and finish early. But if you are bad in the mornings, then it might be better to start work in the afternoon and work until late at night. So maybe, instead of nine to five it should be seven to three or twelve to eight.

(Adapted from "New English File")

1- A frase que **melhor resume o conteúdo** do texto é:

- a) A grande descoberta dos cientistas da Universidade de Surrey.
- b) Você trabalha ou estuda no período que lhe é mais propício?
- c) Pesquisas indicam que um gene pode determinar sermos ou não mais predispostos de manhã ou à noite.
- d) Cientistas descobrem como podemos ser mais ativos de manhã ou à noite.
- e) Pesquisas alertam para problemas em genes naqueles que trocam o dia pela noite no trabalho ou estudo.
- 2- Saber se o gene é "curto" ou "longo"
- a) poderia permitir à pessoa, na medida do possível, buscar atividades e horários mais propícios às suas características.
- b) não é especificamente útil ainda.
- c) determinaria toda uma opção de atividades para as crianças, de seu nascimento à velhice.

d) poderia determinar, na medida do possível, as futuras qualificações profissionais de uma criança.		
e) é determinante para a escolha da profissão de uma pessoa, seja no presente ou futuro.		
3- O gene identificado na pesquisa pode ser LITERALMENTE traduzido por: a) Gene dos Períodos b) Período dos Genes c) Gene dos 3 Períodos d) 3 Períodos dos Genes e) Gene do Período 3		
(Ufam-adaptada) —		
The Brazilian government faces criminal charges after a report found that the Amazon rainforest is being deforested three times faster than last year as rising food prices encourages more illegal logging.		
A study by Brazil's National Institute for Space Research found that destruction of the Amazon had increased 228% in August compared with the same month a year ago. Carlos Minc, the Brazilian environment minister, said the upcoming national elections were partly to blame, with mayors in the Amazon region ignoring illegal loggers in the hope of gaining votes locally. Environmental campaigners blamed the global spike in food prices for pushing soy farmers and cattle ranchers to clear more land for crops and grazing. "The tendency of deforestation rising is deeply related to the fact that food prices are going up," said Paulo Adario, who coordinates Greenpeace's Amazon campaign. "When you have elections, the appetite of authorities to enforce laws is reduced. But the federal government has to step in and do its job." The steep rise in deforestation is a sharp reversal after three years of decline in the rate of destruction.		
By Angela Balakrishnan. The Guardian, Sept. 30, 2008. Available at: https://www.theguardian.com/environment/2008/ sep/30/forests.brazil. Accessed on: Sept. 05, 2020.		
4- O pronome " its " destacado no texto <u>refere-se a</u> :		
a) step.		
b) appetite.		
c) elections.		
d) federal government.		

e) job
5-
Webbiquity reports that 83% of customers have reported bad experiences with social media marketing. As a business owner, it's clear that using social media marketing to your advantage is critical, but do you know how to maximize the impact of your social media marketing campaigns? Do you know what your goals should be, and how to achieve them? Whether you want to be or are already managing a social media strategy, you can download our free eBook to find out how to leverage your core skills to implement and oversee an effective digital strategy.
Disponível em: . Acesso em: 11 set. 2017.
No texto, o grande número de consumidores que relatam experiências negativas com propagandas e marketing nas redes sociais serve de argumento para persuadir o leitor a
a) repensar a forma como recebe as mensagens publicitárias na internet.
b) reportar os infortúnios da invasão de propagandas no ambiente virtual.
c) valorizar as empresas cujas campanhas de marketing sejam adequadas.
d) exigir a regulação de propagandas pelos administradores das redes sociais.
e) acessar o conteúdo oferecido sobre as melhores práticas de marketing digital.
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Children should be given only water to drink with meals to help tackle the obesity crisis, experts argue.

A group of nutritional scientists said sugary drinks were empty calories and people had got "out of the habit of drinking water" with meals. The call comes as Public Health England prepares to publish its plans for cutting the nation's sugar intake. Sugar producer AB Sugar said "demonising one ingredient" would not "solve the obesity epidemic". Dr Julian Cooper, head of food science at AB Sugar, said targeting sugar was not a "silver bullet" and people should balance their calorie intake against how much they exercise.

Glossário

silver bullet: solução miraculosa.

Disponível em: . Acesso em: 9 jan. 2015.

Essa notícia, que aborda assuntos relacionados à saúde infantil, tem por objetivo

- a)anunciar uma nova campanha do governo da Inglaterra para combater o consumo excessivo de açúcar no país.
- b) alertar os pais de que a ingestão de líquidos durante as refeições faz mal à saúde das crianças.
- c) promover a empresa AB Sugar, que está lutando contra a obesidade infantil na Inglaterra e reduzindo a quantidade do ingrediente em seus produtos.
- d) expor a opinião de especialistas sobre por que as bebidas açucaradas devem ser eliminadas da dieta infantil.
- e) mostrar que a ingestão de água em vez de bebidas açucaradas durante as refeições pode ajudar no combate à obesidade infantil.

- 7- Rewite sentences. Use Passive Voice.
- a)My sister washes cars.
- b) Thales and Richard make cakes.

IRREGULAR VERBS

INFINITIVE	SIMPLE PAST	PAST PARTICIPLE
MAKE	MADE	MADE



"WHEN I WAS 5 EVERYONE TOLD ME TO BE A BIG BOY.
WHEN I WAS 10 THEY TOLD ME I SHOULD BE MORE MATURE.
NOW THEY SAY IT'S TIME TO START ACTING LIKE AN ADULT.
AT THIS RATE, I'LL BE ELIGIBLE FOR SOCIAL SECURITY
BEFORE I GRADUATE FROM HIGH SCHOOL!"

GRASBERGEN, R. Disponível em www.glasbergen.com. Acesso em: 3 jul. 2015 (adaptado).

No cartum, a crítica está no fato de a sociedade exigir do adolescente que

- a) se aposente prematuramente.
- b) amadureça precocemente.
- c) estude aplicadamente.
- d) se forme rapidamente.
- e) ouça atentamente.

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